



How Cruelty-Free Is Your Morning Routine?

Take our quiz and find out!

Give yourself one point for each product you have that wasn't tested on animals (use the partial list of cruelty-free companies on the following page), then add up your tally and find your score below! Don't forget to check your bathroom cabinets, your shower, and your purse.



- | | |
|---|---|
| <input type="radio"/> Body Wash/Soap | <input type="radio"/> Deodorant |
| <input type="radio"/> Face Wash | <input type="radio"/> Moisturizer |
| <input type="radio"/> Shampoo | <input type="radio"/> Body Lotion |
| <input type="radio"/> Conditioner | <input type="radio"/> Hand Cream |
| <input type="radio"/> Hair Gel | <input type="radio"/> Perfume |
| <input type="radio"/> Hair Spray | <input type="radio"/> Body Spray |
| <input type="radio"/> Lip Balm | <input type="radio"/> Bubble Bath |
| <input type="radio"/> Powder | <input type="radio"/> Nail Polish |
| <input type="radio"/> Eye Drops | <input type="radio"/> Nail Polish Remover |
| <input type="radio"/> Contact Lens Solution | <input type="radio"/> Sunscreen |
| <input type="radio"/> Toothpaste | <input type="radio"/> Other _____ |
| <input type="radio"/> Mouthwash | |

Grand Total _____

If you checked ...

12 or more: **You're a cruelty-free queen!** We should stamp our bunny logo on your forehead. Keep up the compassionate shopping skills!

6 to 11: **There's still hope for you!** Next time you're at the store, just stick with the brands you earned points for and avoid the ones you didn't.

0 to 5: **Yikes!** You'd better not wait any longer to clean out your cabinets. E-mail peta2@peta2.com for a cruelty-free pocket shopping guide to help you get started.



Companies That Don't Test on Animals

ABBA Pure Performance Hair Care
Abercrombie & Fitch
Alba Botanica
Almay
Amazing Cosmetics
Avalon Natural Products
Balm Envy
Bath & Body Works
Bonne Bell
California Baby
Carmex
Conair
Crazy Rumors
Dermologica
Desert Essence
Dillygiggles
Duprey Cosmetics
Earth Mama Angel Baby
Earth 2 Jane
Eco Lips
e.l.f. Cosmetics
EO Products
Freeman Beauty
Garden Botanika
Green Babies
H2O +
Hard Candy
Hello Kitty
Jack and Jill Kids
Jane Cosmetics
Jason Natural Cosmetics
John Paul Mitchell Systems
Juice Beauty
Kate Spade Beauty
Keeki Pure and Simple
Kept Non-Toxic Beauty
Kiss My Face
KORA Organics
Lady Mitchum
Lander Company
Lippy Girl Cosmetics
Little Innoscents
Little Twig
Liz Claiborne Cosmetics
LUSH
Manic Panic
Merle Norman
Method
Murad
Nature's Gate
No-Ad Suncare
NYX Los Angeles
Obsessive Compulsive Cosmetics
Ocean Potion
Oh Baby Organic Skincare
OPI Products
Physicians Formula
Prestige Cosmetics
Queen Helene
Rainbow Brite
Revlon
Rockeresque Beauty Company
Sailor Mouth Soaps
Shikai
skinnyskinny
Smith & Vandiver
Sparklehearts
Stila Cosmetics
Strawberry Shortcake
Sudz
Tarte Cosmetics
The Body Shop
Tom's of Maine
Too Faced Cosmetics
Townley Cosmetics
Trader Joe's
TruKid
Urban Decay
Victoria's Secret
Weleda
wet n wild
Whole Foods Market
(365 house brand)
Yes to Carrots
Zodiac Baby

