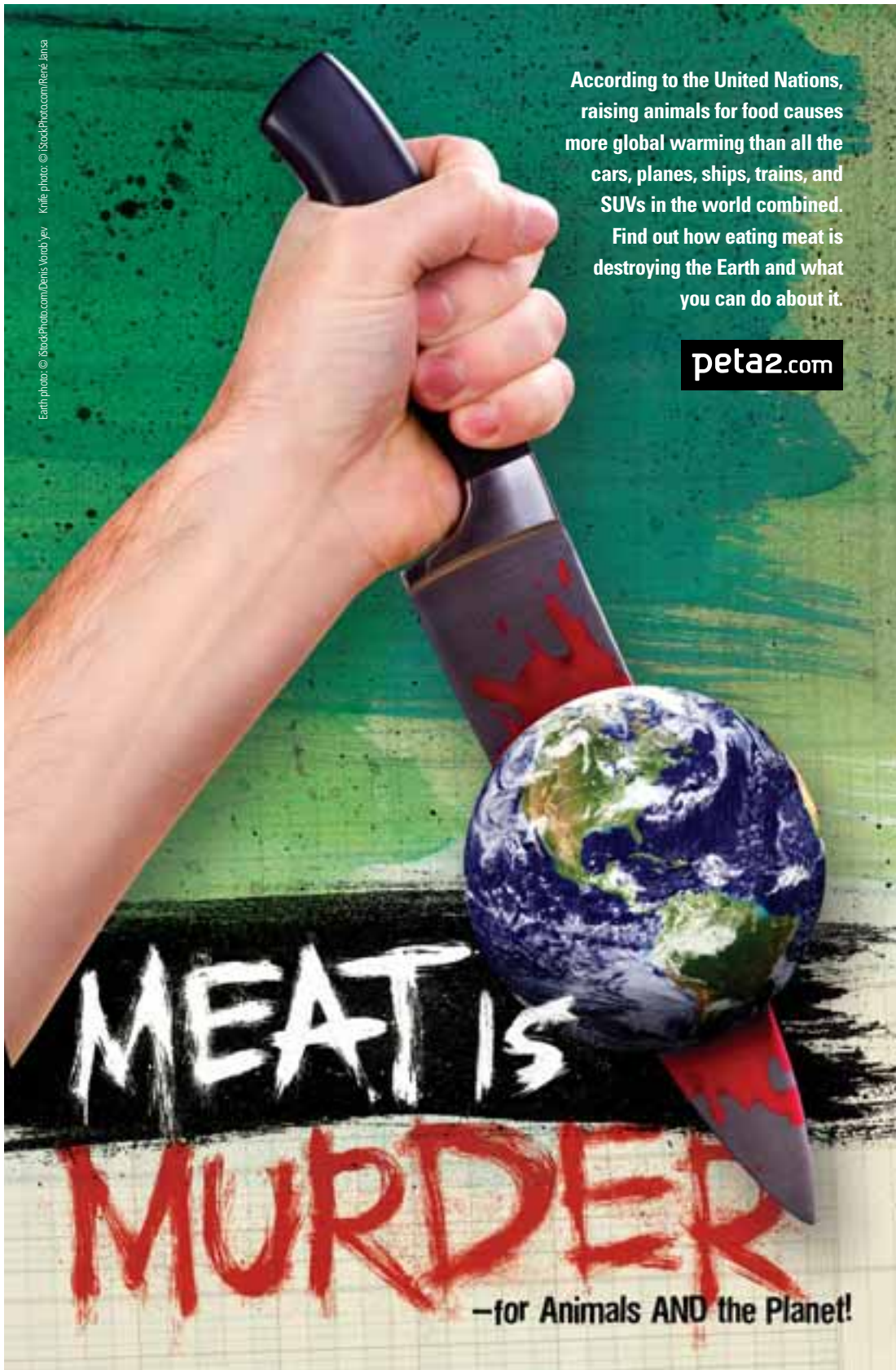


Earth photo: © iStockPhoto.com/Denis Vorobyev Knife photo: © iStockPhoto.com/Rene Jansa

According to the United Nations, raising animals for food causes more global warming than all the cars, planes, ships, trains, and SUVs in the world combined. Find out how eating meat is destroying the Earth and what you can do about it.

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-for Animals AND the Planet!

Quick: What's the best thing that you can do to fight global warming? Buy a hybrid car? Recycle? Use energy-efficient light bulbs?

Nope! Go vegetarian! Eating meat is one of the worst things that you can do to the environment.

Why? The reason is simple: Because the billions of chickens, turkeys, pigs, and cows who are crammed into factory farms each year in the U.S. give off enormous amounts of polluting gases. Carbon dioxide, methane, and nitrous oxide emissions are the leading cause of global warming.

As if that weren't bad enough, every second, animals raised for food in the U.S. produce 89,000 pounds of waste—that's 130 times more than the country's entire human population. Gross—and bad for the planet too.

And don't forget, feeding massive amounts of grain and water to animals on factory farms, trucking the animals around, slaughtering them, and refrigerating their bodies so that they don't rot wastes a ton of energy. In fact, producing one calorie of meat uses more than 10 times the amount of fossil fuel that it takes to produce one calorie of plant foods, like beans, veggies, and grains. Eating meat is like driving a whole fleet of huge SUVs around the block every time you sit down to eat.

Need More Info?

- **Land:** Animal agriculture uses 70 percent of the world's agricultural land and 30 percent of the planet's total land area.
- **Water:** Farmed animals use more than half of the water consumed in the U.S.
- **Rain Forests:** Of the land cleared of rain forest in the Amazon, 70 percent is used to raise animals for meat consumption.

It's Easy to Go Vegetarian

Looking out for the planet has never been easier. Check out peta2.com for our free "Vegetarian Starter Kit," which is full of recipes and other info to get you started, and pick up some free stickers and DVDs while you're at it.

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STU 370 3/08



Raising animals for food, the United Nations concludes, is "one of the top two or three most significant contributors to the most serious environmental problems, at every scale from local to global."