

FLESH IS FOR ZOMBIES



When you eat flesh, you're eating the corpse of a tortured, terrified victim who didn't want to die—period. That's something that a zombie might do, but luckily, you have the ability to think for yourself and make a huge difference for animals—each and every time you eat.

Sign this pledge to eat vegan for one day—Flesh-Free Friday—every week, and we'll e-mail you our top tips on vegan-friendly places to eat out, the tastiest animal-friendly snacks, and our favorite easy recipes.

I pledge to eat vegan on Flesh-Free Friday every week!

PLEASE PRINT CLEARLY

NAME	E-MAIL ADDRESS																						



By supplying your e-mail address, you are acknowledging that your contact details may be shared with PETA's international affiliates and that you may receive a follow-up message. Please return completed petitions to: [peta2](mailto:peta2@peta.org), 501 Front St., Norfolk, VA 23510.

